



## BAR & GRILL

### APPETIZERS

**SOUP** 9  
Daily feature from our culinary team.

**HOUSE SALAD** 12  
Artisan leaf, shredded carrot, cucumber, radish, tomato, Italian dressing. (V)

**+ CHICKEN OR TUNA** 8

**KALE AND ARUGULA SALAD** 12  
Lemon & roasted garlic dressing, black pepper croutons, crispy bacon.

**+ CHICKEN OR TUNA** 8

**BUDDHA BOWL** 15  
Steamed brown rice, pickled carrot, cucumber, avocado, ponzu sauce, green onion, sesame seeds, cabbage. (V)

**+ CHICKEN OR TUNA** 8

**PRETZEL HANGER** 7  
Served with beer & cheese sauce. (V)

### BASKETS OF GOODNESS

**TEMPURA BATTERED PRAWNS** 14  
Served with chili and lime dipping sauce.

**THUNDER CRUNCH CHICKEN TENDERS** 14  
Served with fries and plum sauce or ranch dressing.

**BEER BATTERED FISH & CHIPS** 1PC 18 \ 2PC 26  
Served with tartar sauce and lemon wedge.

**MOUNTAIN WINGS** 18  
One pound crispy chicken wings tossed in your choice of dressing: Thai chili, Buffalo, smoked BBQ, lemon sea salt or salt and pepper. Served with homemade kettle chips.

**TAYNTON NACHOS** 22  
Tortilla chips, jalapeño peppers, bell peppers, black beans, tomatoes, nacho cheese, green onions, sour cream, salsa. (V)

**+ GUACAMOLE** 3

**CLASSIC POUTINE** 12  
Crispy fries, squeaky cheese and beef gravy.

**AVOCADO FRIES** 12  
Lightly tempura battered, served with lemon sea salt and chipotle dip. (V)

**EDAMAME BEANS** 9  
Tossed in lemon sea salt with ponzu dipping sauce. (V) (DF)

(GF) = Gluten Friendly; (V) = Vegetarian Friendly; (DF) = Dairy Free.  
Where stated, "GF" means that these items are prepared with gluten-free ingredients. However, cross contamination may occur throughout our open kitchen where gluten is present and handmade recipe preparation occurs.

Minors are welcome until 9 pm.

### T-BAR MAINS

All burgers are served on a brioche bun with a crispy onion ring. Your choice of fries, house salad or soup.

**+ GLUTEN FREE BUN** 2  
**+ SIDE SWEET POTATO FRIES** 2  
**+ ONION RINGS** 2  
**+ SIDE POUTINE** 4

**CLASSIC BURGER** 17  
Beef patty, Havarti cheese, lettuce, house pickles, tomato, garlic aioli and BBQ sauce.

**+ BACON** 1.5

**ROCKY MOUNTAIN BURGER** 20  
Elk burger patty, bacon, smoked Gouda, red onion and blueberry jam, tomato, lettuce, garlic aioli.

**WEST COAST SALMON BURGER** 20  
Wild sockeye salmon, tartar sauce, house pickles, arugula and red onion.

**CALI CHICKEN CLUB** 19  
Grilled lemon & herb chicken, crispy bacon, fire roasted pepper, lettuce, guacamole, roasted garlic aioli and tomato.

**BEYOND MEAT® BURGER** 17  
Beyond Meat® patty, smoked Gouda, guacamole, tomato, lettuce and red onion. (V)

**FISH TACOS** 17  
Two soft shells filled with crispy fish, fresh cabbage, guacamole and chipotle sour cream.

**BEEF DIP** 18  
Shaved beef, caramelized onions, sauerkraut, grainy mustard aioli, creamy Havarti and rosemary beef jus.

### SPECIALS

**MAC 'N' BREW MONDAYS** 14  
Chef's mac n' cheese special.

**M PITCHER OF MONSTEROUS IPA** 15

**TACO TUESDAYS** 10  
3 Chef's feature tacos.

**T BUCKET OF 4 SOL BEER** 20

**HALF PRICE NACHO WEDNESDAYS** 11  
Taynton Nachos.

**W PITCHER OF 360 LAGER** 15

**SPICE MARKET THURSDAYS** 16  
Southeast Asian specials.

**TH BOTTLE OF FERRARI PROSECCO** 50

### DESSERTS

**CHOCOLATE EXPLOSION** 12  
Chocolate brownies, ice cream, chocolate sauce, whipped cream.

**TURTLE CHEESECAKE** 12  
Vanilla cheesecake, chocolate crumb base, pecans, caramel, chocolate. (GF)

**CHOCOLATE HIGH FIVE CAKE** 12  
5 layer chocolate cake and Triple Sec whipped cream.

# T-BAR

## SIGNATURE COCKTAILS

**HUGO** 12.06  
Prosecco, elderflower syrup, soda, lime, mint.

**T-BAR OLD FASHIONED** 12.06

T-BAR CAESAR 10  
DARK & STORMY 10  
BOURBON SOUR 10  
LYCHEE PEACHY 10  
APEROL SPRITZ 10

## WINE

	5oz	8oz	BTL
<b>SPARKLING</b>			
PROSECCO SANTA MARGARITA Italy	12		60
CHANDON BRUT CHAMPAGNE France	14		70

### WHITE

PINOT GRIGIO Perseus, BC	9	14	45
CHARDONNAY Dirty Laundry, BC	12	19	60
SAUVIGNON BLANC Riverlore, New Zealand	10	16	50

### RED

CAB-MERLOT Perseus, BC	9	14	45
MALBEC Tinto Negro, Argentina	12	19	60
PINOT NOIR 50th Parallel, BC	10	16	50

## SHOOTERS

SHOT SKI 21.02  
JÄGERMEISTER 7.02  
JÄGER BOMB 7.52  
ALL OTHER DROP SHOTS 7.52  
ALL OTHER MIXED SHOTS 6.27

## DRAFT LINE-UP

	16oz PT	60oz JUG
360 LAGER	6.10	16.95
MONSTEROUS IPA	6.10	16.95
CANADIAN	6.52	18.69
COORS LIGHT	6.52	18.69
1516 LAGER	6.52	18.69
LAST CHAIR RED LAGER	6.52	18.69
COORS BANQUET	6.52	18.69
BELGIAN MOON	6.52	18.69
HEINEKEN	8.00	25.22
ANGRY ORCHARD ROSE	8.00	25.22
STEIGL RADLER	8.00	25.22
FERNIE PROJECT 9 PILSNER	6.52	18.69
FERNIE RED CABOOSE AMBER	6.52	18.69
MOOSEHEAD LAGER	6.52	18.69
MURPHY'S	8.00	

## BOTTLES

COORS LIGHT	6.09
CANADIAN	6.09
COORS BANQUET	6.09
MGD	6.09
SOL	6.95
DOS EQUIS	6.95
SLEEMAN ORIGINAL	6.09
SLEEMAN HONEY BROWN	6.09
GROWER'S PEAR	6.95
MIKE'S HARD CRANBERRY	6.95
MIKE'S HARD LEMONADE	6.95

Minors are welcome until 9 pm.  
All prices exclude applicable taxes.